

Clinical Barriers for Light Therapy Pads

Lightweight high clarity disposable bags or plastic wrap are placed over the limb or pad

Bag Source: ULINE.com

1 MIL weight is light, comfortable and economical: about 4- 6 cents a bag depending on the size. They are sold in boxes of 1000 and are made of 100% virgin, high clarity polyethylene film. Many more sizes and weights are available at www.uline.com.

2 MIL is also available if you prefer a heavier bag



Bags can be used in 2 ways:

- Place the limb in the bag and the pad over top as shown
- For all other uses: put the pad in a bag and place over the therapy location
- See page 2 for cap barriers for head therapy
- Plastic stretch wrap is also useful as a barrier, see page 2

- **Boot/122 Pad** For complete coverage over the leg and foot, place the bag on leg first, then strap the pad over top
[10 x 24" 1 Mil Poly Bags S-6309](#)
- **Body/264** and **Local/132** Pads, it can also cover a foot or hand. Cut shorter to use for 132 if desired, width is good
[8 x 18" 1 Mil Poly Bags S-6307](#)
- **Local/132** Pads, also use to cover hand
[8 x 12" 1 Mil Poly Bags S-3641](#)
- **Painstopper/180 Pad**
[6 x 18" 1 Mil Poly Bags S-10870](#)

Plastic Cap Source: Amazon.com - Head Therapy Barrier

- [Individually Wrapped clear shower cap for head therapy barrier](#)

[Zaveti Disposable Shower Caps - 200Pcs Waterproof Clear](#)

Stretch Wrap Clear Plastic Barrier

This is the best barrier for the [Facemask/104](#) and can be placed to allow any method of Velcro attachment

Clear plastic wrap may also be useful for [wound healing applications](#)

Stretch wrap can be used over therapy pads or therapy site

- PLASTIC WRAP can be placed **over the pad** much like wrapping a present.
- PLASTIC WRAP can be placed **over the body part or area**



A large roll from Costco is easy to handle. This works well for wound healing and skin applications. Use the optional cutter that comes in the box - the blade slides to cut the film.